

GIRLS HOME TEAM RESULTS FOR CAMBRIDGE RELAYS MEET

| | | | | | |
|--|-----------------------------------|---|--|---|------------------|
| 100 | Mark | 1600 RELAY 0 Mark 4:57.9 | SPRINT MEDLEY Relay 0 Mark False Start | Discus (4) Mark RELAY 16.9'0" - 3 rd | Triple Jump Mark |
| | | Gina Kuck 75.0 | ¹⁰⁰ Chastity Wilson ✓ | Diana Donnoe 90's" | |
| | | Kristi Bennett 77.7 | ²⁰⁰ Sarah Nuttelman ✓ | Melanie Warning 81'2" | |
| | | Jessica Norton 76.5 | ²⁰⁰ Keri Arehart ✓ | Holly Peterson 77's" | |
| | | Jennifer Kubik 68.6 | ⁸⁰⁰ Jennifer Kubik ✓ | | |
| 220 | Mark | 3200 RELAY (1) Mark 11:12.6 - 5 th | DISTANCE MEDLEY Relay (10) Mark (SCHOOL RECORD) 14:29.5 - 1 st | Javelin Mark | Pole Vault Mark |
| | | Geolene Bunsen 80.5-2:49.6 | ^{78.8} Jennifer Kubik ✓ 2:43.9 | | |
| | | Jessica Norton 80.0-2:55.2 | Geolene Bunsen ✓ 69.2 | | |
| | | Gina Kuck ✓ 75.2-2:45.2 | ^{84.1-94.4-90.5} Gina Kuck ✓ 4:29.2 | | |
| | | Kristi Bennett 78.0-2:41.7 | ^{86.8-95.7-99.0-86.0} Kristi Bennett ✓ 6:07.0 | | |
| 400 RELAY (6) Mark | 300 METER Low Hurdles (3) Mark | _____ Relay Mark | High Jump 0 Mark RELAY | _____ Mark | |
| 53.3 - 2 nd | 56.6 - tie 3 rd | | 12'3" | | |
| Chastity Wilson ✓ | Tammi Carlson ✓ 13.9 | | Jennifer Kubik 4'3" | | |
| Tammi Carlson ✓ | Sarah Nuttelman 13.5 | | Chastity Wilson 4'0" | | |
| Sarah Nuttelman ✓ | Joy Mattson ✓ 15.7 | | Geolene Bunsen 4'0" | | |
| Keri Arehart ✓ | Keri Arehart ✓ 13.5 | | | | |
| 800 RELAY (10) Mark (SCHOOL RECORD) 1:53.1 - 1 st | High Hurdles Mark | Shot Put 0 Mark RELAY | Long Jump 0 Mark | TEAM SCORING Mark | |
| | | 47' 7/4" | 39' 5 3/4" | Dundy Co. 50 | |
| Chastity Wilson ✓ 27.0 | | Shelly Bielser 27'0" | Jeanna Baggs 13'4 1/4" | Cambridge 43 | |
| Tammi Carlson ✓ 30.2 | | Lori Wissmann 20'7 1/4" | Joy Mattson ✓ 13'3" | Oxford 41 | |
| Sarah Nuttelman ✓ 27.9 | | Diana Donnoe 3 Scr. | Geolene Bunsen 12'10 1/4" | Med. Valley 36 | |
| Keri Arehart ✓ 28.0 | | | | Bertrand 33 | |
| Approx. | | | | Rep. Valley 16 1/2 | |
| | | | | Etwood 14 | |
| | | | | Alma 11 | |
| | | | | Arapahoe 8 1/2 | |

GIRLS HOME TEAM RESULTS FOR ELWOOD INVITE MEET

| 100 | (8) Mark | 1600 (10) Mark | 400 Relay (10) Mark | Discus 0 Mark | Triple Jump Mark |
|---------------------------------|---------------|---------------------------------------|---------------------------|--------------------------------|----------------------------|
| Sarah Nuttelman 2 nd | 13.5 - 13.5 | Kristi Bennett 6:05.8 | 54.4 - 1 st | Diana Donnoe | |
| Joy Mattson | 14.6 | Gina Kuck 6:11.0 | Chastity Wilson 15.3 | 89'2" | |
| Kodi Gilliland | 16.1 | Gina Kuck 6:11.0 | Tammi Carlson 13.4 | Holly Peterson | |
| | | | Sarah Nuttelman 12.6 | 82'1" | |
| | | | Keri Arehart 13.1 | Melanie Warning | |
| | | | | 81'3" | |
| 200 | (15) Mark | 3200 (8) Mark | 1600 Relay (8) Mark | High Jump Mark | 1600 Relay Mark |
| Sarah Nuttelman 1 st | 28.2 - 27.5 | Kristi Bennett 13:03.5 | 4:27.3 - 2 nd | <u>J.V. DISCUS</u> | <u>J.V. SHOT</u> |
| Keri Arehart 4 th | 27.8 - 28.0 | 85-96.1-99.3-100.2 (6:22.6) | Keri Arehart 68.4 | Lori Wissmann | Lori Wissmann |
| Chastity Wilson 6 th | 28.6 - 28.6 | 103.1-102.9-102.3-92.6 (6:40.9) | Geolene Bunsen 68.3 | 67'11" | 22'4" |
| | | | Sarah Nuttelman 65.7 | | |
| | | | Chastity Wilson 64.9 | | |
| 400 | (10) Mark | 300 INTER. Hurdles (4) Mark | 3200 Relay (6) Mark | High Jump 0 Mark | Mark |
| Chastity Wilson 1 st | 29.5 - 63.5 | Tammi Carlson 4 th | 10:52.0 - 3 rd | Jennifer Kubik | TEAM SCORING |
| Jessica Norton | 75.7 | 24.3 - 52.0 | Geolene Bunsen 75 2:46.1 | 4'2" | BERTRAND 96 |
| | | | Gina Kuck 77 2:45.2 | | Eustis 90 |
| | | | Kristi Bennett 78 2:41.7 | | Oxford 72 |
| | | | Jennifer Kubik 73 2:39.0 | | Cambridge 67 |
| | | | | | Wilcox 60 |
| 800 | (8) Mark | 100 High Hurdles (4) Mark | Shot Put 0 Mark | Long Jump (5) Mark | Elm Creek 27 Mark |
| Jennifer Kubik 2 nd | 83.6 - 2:38.5 | Tammi Carlson 4 th | Diana Donnoe | Geolene Bunsen 4 th | Elwood 15 |
| Jessica Norton | 82 - 2:54.5 | 18.9 - 18.2 | 28'4 1/2" | 15' 1/2" | Arapahoe 7 |
| | | Keri Arehart 7 th (finals) | Shelly Bielser | Jeanna Boggs 6 th | Orleans 6 |
| | | 18.7 - 18.8 | 28'2" | 14'4 3/4" | Axtell 4 |
| | | | Holly Peterson | Joy Mattson | Loomis 3 |
| | | | 25'1" | 13'10 1/2" | Campbell 2 |
| | | | | | Hildreth 1 |

GIRLS HOME TEAM RESULTS FOR 1989 AXTELL INVITE MEET 50°-70°
20-50 MP/H WIND NW-N

| 100 | (8) Mark | 1600 (12) Mark | 400 Relay (8) Mark | Discus (2) Mark | Triple Jump Mark |
|---|---|--|--|--------------------|--------------------|
| Sarah Nuttelman 2 nd 13.8 - 12.3 [†] | Kristi Bennett 1 st (85.5-98.4-101.2-91.2) | 56.3 - 2 nd Tammi Carlson | Diana Danna 5 th 93'11" | | |
| Joy Mattson 15.1 | Gina Kuck 5 th 6:31.4 (86.0-99.8-101.3-109.6) | Chastity Wilson Sarah Nuttelman | Holly Peterson 32'4" | | |
| Kodi Gilliland 15.8 (Prelims into wind) | | Keri Arehart | Melanie Warning 79'10" | | |
| 200 | (24) Mark | 3200 (10) Mark | 1600 Relay (10) Mark | Javelin Mark | Pole Vault Mark |
| Sarah Nuttelman 2 nd 28.8 - 30.4 | Kristi Bennett 1 st 86.9-96.3-97.8-102.6 (6:23.6) | 4:36.3 1 st Keri Arehart 68.6 | | | |
| Keri Arehart 1 st 28.4 - 30.3 | 105.1-104.8-105.0-91.7 (6:46.7) | Geolene Bunsen 72.4 | | | |
| Chastity Wilson 3 rd 29.6 - 30.6 | Jackie Daake 16:18.0 89.5-104.2-120.5-131.9 (7:26.1) | Sarah Nuttelman 69.0 | | | |
| | 135.6-133.6-136.9-125.8 (8:41.9) | Chastity Wilson 66.3 | | | |
| 400 | (10) Mark | 300 INTER. Hurdles (2) Mark | 3200 Relay (8) Mark | High Jump (0) Mark | TEAM SCORING Mark |
| Chastity Wilson 1 st 63.6 | Tammi Carlson 5 th 55.1 | 10:57.4 - 2 nd Geolene Bunsen 75.7- 2:46.5 | Jennifer Kubik 4'2" | BERTRAND 104 pts. | Wilcox 77 |
| Jessica Norton 77.3 | | Gina Kuck 77.0 2:48.4 | | Silver Lake 55 | Rep. Valley 34 1/2 |
| | | Kristi Bennett 80.8-2:44.2 | | Elwood 33 | Amherst 32 |
| | | Jennifer Kubik 76.0-2:38.3 | | | Pleasanton 31 Mark |
| 800 | (2) Mark | 100 High Hurdles (6) Mark | Shot Put (0) Mark | Long Jump (2) Mark | |
| Jennifer Kubik 5 th 76.2 - 2:42.2 | Tammi Carlson 4 th 19.0 - 18.0 | Diana Danna 28'6" | Jeanna Boygs 5 th 14'1" | Elm Creek 29 | Overton 22 |
| Jessica Norton 83.2 - 2:53.4 | Keri Arehart 5 th 18.5 - 18.2 | Shelly Biesler 28'4 1/2" | Geolene Bunsen 7 th (finals) 13'8 3/4" | Campbell 13 | Orleans 12 |
| | | Holly Peterson 25'2 1/2" | Joy Mattson 12'11" | Axtell 10 | boomis 8 |
| | | | | SEM 4 1/2 | |

1989
GIRLS HOME TEAM RESULTS FOR BERTRAND INVITE MEET

60°
Windy 30MPH South

| 100 | (8) Mark | Mile (14) Mark | 440 Relay (8) Mark | Discus (8) Mark | Triple Jump Mark |
|-----------------------------------|--|----------------------------------|----------------------------------|-------------------------------|-----------------------|
| Sarah Nottelman ✓ 2 nd | Kristi Bennett ✓ 2 nd 6:06.7 | 55.7 - 2 nd | Diana Dooce ✓ 2 nd | | |
| 13.2 - 12.9 | 256-459-98.2-87.0 | Joy Mattson ✓ | 93'9" | | |
| Joy Mattson | | Chastity Wilson ✓ | Melanie Warring | | |
| Kristi Bennett 14.4 | Jennifer Kubik ✓ 3 rd 6:06.8 | Sarah Nottelman ✓ | 74'4" | | |
| Kedi Gilliland | 256-96.4-97.7-87.1 | Keri Arehart ✓ | Holly Peterson | | |
| 15.2 | | | 3 scratches | | |
| 220 | (22) Mark | 2 Mile (10) Mark | MILE Relay (10) Mark | Javelin Mark | Pole Vault Mark |
| Sarah Nottelman ✓ 1 st | Kristi Bennett ✓ 2 nd 13:05.7 | 4:27.1 - 1 st | Javelin | J.V. DISCUS | |
| 29.3 - 29.5 | 852-974-1002-1029 (6:23.7) | Keri Arehart ✓ 66.9 | Lori Wissmann 4 th | Lori Wissmann 3 rd | |
| Keri Arehart ✓ 2 nd | 1029-1075-1007-93 (6:42.0) | Geolene Bunson ✓ 69.0 | 21'9 1/2" 51'7" | 57'7" | |
| 29.2 - 30.0 | Jackie Drake ✓ 5 th 15:18.7 | Sarah Nottelman ✓ 64.8 | | | |
| Chastity Wilson ✓ 4 th | 925-1109-1183-1189 (7:20.6) | Chastity Wilson ✓ 66.4 | | | |
| 29.9 - 30.4 | 1206-125-1239-1026 (7:58.3) | | | | |
| 440 | (10) Mark | Low Hurdles (C) Mark | TWO MILE Relay (6) Mark | High Jump Mark | Mark |
| Chastity Wilson ✓ 1 st | Tammi Carlson | 10:57.9 - 3 rd | NONE | | |
| 65.0 | 56.5 (score pop) Estimate | Geolene Bunson ✓ 72.3 2=41.6 | | | BERTRAND GIRLS |
| Jessica Norton | | Jackie Drake ✓ 79.6 2=54.8 | | | 1 st Place |
| 78.5 | | Kristi Bennett ✓ 74.8 2=44.9 | | | 110 Points |
| | | Jennifer Kubik ✓ 74.2 1/2=36.6 | | | |
| | | | | | |
| 880 | (4) Mark | High Hurdles (1) Mark | Shot Put (7) Mark | Long Jump (2) Mark | Mark |
| Jennifer Kubik ✓ 4 th | Tammi Carlson ✓ 6 th | Diana Dooce ✓ 3 rd | Jewana Briggs ✓ 5 th | | |
| 78.8 - 2=42.6 | 18.5 - 18.3 | 31' 1/4" | 14' 9 1/2" | | |
| Jessica Norton | | Shelly Bielser ✓ 6 th | Geolene Bunson ✓ 7 th | | |
| 83.5 - 2=58.0 | | 29' 10 1/2" | 14' 7" (Finals) | | |
| | | Holly Peterson | | | |
| | | 26' 3/4" | | | |

ARAPAHOE
~~BOULDER~~ INVITE MEET 90-95° 5-10MPTS

| 100 | (12) Mark | 1600 (5) Mark | 400 Relay (10) Mark | Discus (6) Mark | Triple Jump Mark |
|-----------------------------------|--------------------------------|--|---|---|------------------|
| Sarah Nuttelman ✓ 2 nd | 13.1 - 13.0 ⁺ | Jennifer Kubik ✓ 4 th 6:06.7 | 52.7 - 1 st | Diana Donnoe ✓ 3 rd 98'6" | |
| Keri Arehart | 13.25 - 13.3 ✓ 4 th | Gina Kuck ✓ 6 th 6:23.6 | Chastity Wilson ✓ 14.0 | Holly Peterson | |
| Joy Mattson | 13.9 - | 83-95-106-99.7 | Keri Arehart ✓ 12.8 | 91'3" | |
| | | | Sarah Nuttelman ✓ 12.6 | Melanie Wanning 86'2" | |
| 200 | (12) Mark | 3200 (8) Mark | 1600 Relay (8) Mark | Javelin Mark | Pole Vault Mark |
| Sarah Nuttelman ✓ 2 nd | 26.96 - 26.7 | Kristi Bennett ✓ 2 nd 12:31.7 | 4:17.7 - 2 nd | | |
| Keri Arehart ✓ 4 th | 27.4 - 27.6 | 83-91-95-95 (6:04.0) | Keri Arehart ✓ 63.7 | | |
| Kodi Gilliland | 31.8 | 99-99-102-88.2 (6:27.7) | Joy Mattson ✓ 68.8 | | |
| | | Jackie Drake ✓ 7 th 14:42.4 | Sarah Nuttelman ✓ 63.2 | | |
| | | 85-92-112-116 (6:55.0) | Chastity Wilson ✓ 61.8 | | |
| | | 119-121-121-106.4 (7:47.4) | | | |
| 400 | (8) Mark | 300 INTER Hurdles (1) Mark | 3200 Relay (4) Mark | High Jump (4) Mark | _____ Mark |
| Chastity Wilson ✓ 2 nd | 30.1 - 61.5 | Tammi Carlson ✓ 6 th 26.0 - 53.3 | 10:51.8 - 4 th | Jennifer Kubik ✓ 6 th 4'5" | Runnerup 92 Pts. |
| Jessica Norton | 34.1 - 72.8 | | Gina Kuck 75.0 ✓ 2:49.7 | | |
| | | | Jessica Norton 20.6 ✓ 2:46.2 | | |
| | | | Kristi Bennett 76.5 ✓ 2:39.0 | | |
| | | | Jennifer Kubik 77.4 ✓ 2:37.1 | | |
| | | | | | |
| 800 | (10) Mark | 110 High Hurdles (4) Mark | Shot Put (2) Mark | Long Jump (1) Mark | _____ Mark |
| Chastity Wilson ✓ 1 st | 69 - 2:25.0 | Tammi Carlson ✓ 4 th 18.23 - 18.2 | Diana Donnoe ✓ 5 th 31' 1/2" | Jeanna Baggs ✓ 6 th 14' 3/4" | |
| Jennifer Kubik | 76 - 2:38.1 | | Shelly Bieser 29'4" | Joy Mattson 13'4" | |
| Jessica Norton | 78.1 2:45.3 | | Holly Peterson 28' 3/2" | | |

GIRLS 1989 HOME TEAM RESULTS FOR RVL CONFERENCE MEET

| 100 | (9) Mark | 1600 (9) Mark | 400 Relay (6) Mark | Discus (4) Mark | Triple Jump Mark |
|----------------------------------|---------------|---|---------------------------------------|-------------------------------|------------------|
| Sarah Nuttelman ✓ ^{2nd} | 13.1 - 12.6 | Kristi Bennett ✓ ^{3rd} 5:49.4 | 53.0 - 3rd | Diana Donnoe ✓ ^{4th} | |
| Keri Arnhart ✓ ^{6th} | 13.3 - 13.3 | Jennifer Kubik ✓ ^{5th} 5:59.3 | Chastity Wilson | 103'9" | |
| Kodi Gilliland | 15.0 | Gina Kuck ✓ ^{6th} 6:11.4 | Joy Mattson ✓ | Melanie Warning | |
| | | 79-94-99-99.4 | Keri Arnhart ✓ | 83'6" | |
| | | 3200 | Sarah Nuttelman | Holly Peterson | |
| | | | | 3 scratches | |
| 200 | (8) Mark | 2000 (10) Mark | 1600 Relay (10) Mark | Javelin Mark | Pole Vault Mark |
| Sarah Nuttelman ✓ ^{2nd} | 28.0 - 28.0 | Kristi Bennett ✓ ^{2nd} 12:25.4 | 4:18.5 - 1st | | |
| Joy Mattson | 30.3 | 83-91-94-95 (6:03.0) | Keri Arnhart ✓ 64.3 | | |
| Kodi Gilliland | 33.3 | 95-98-99-90.4 (6:22.4) | Joy Mattson ✓ 69.0 | | |
| | | Jackie Daake ✓ ^{5th} 13:54.9 | Chastity Wilson 61.2 | | |
| | | 86-97-105-109 (6:37.0) | Sarah Nuttelman 64.0 | | |
| | | 112-112-114-99.9 (7:17.9) | | | |
| 400 | (8) Mark | 300 Low Hurdles (8) Mark | 3200 Relay (6) Mark | High Jump 0 Mark | Mark |
| Chastity Wilson ✓ ^{2nd} | 29.1 - 62.12 | Keri Arnhart ✓ ^{2nd} | 10:52.4 - 3rd | | Runnerup |
| Jessica Norton | 73.4 | 22-7 49.5 | Kristi Bennett ✓ ^{77-2:41.1} | NONE | 96 points |
| | | Tammi Carlson | Jessica Norton ✓ ^{77-2:45.8} | | |
| | | 25.1 - 52.5 | Gina Kuck ✓ ^{78-2:45.3} | | |
| | | | Jennifer Kubik ✓ ^{78-2:40.3} | | |
| 800 | (16) Mark | 100 High Hurdles (1) Mark | Shot Put (1) Mark | Long Jump 0 Mark | Mark |
| Chastity Wilson ✓ ^{1st} | 69.0 - 2:25.7 | Tammi Carlson ✓ ^{6th} | Diana Donnoe ✓ ^{6th} | Jeanna Boggs | |
| Jennifer Kubik ✓ ^{3rd} | 75.0 - 2:37.3 | 18.15 - 18.0 | 32'4 1/4" | 3 scratches | |
| Jessica Norton | 77 - 2:45.8 | | Shelly Bielser | Joy Mattson | |
| | | | 28'1" | 3 scratches | |
| | | | Holly Peterson | | |
| | | | 28'0" | | |

GIRLS HOME TEAM RESULTS FOR (ALMA INVITATIONAL MEET

| | | | | |
|---|---|---|--|-------------------------------|
| 100 (16) Mark Sarah Nuttelman 1 st / 13.3 - 13.0 | 1600 (12) Mark Kristi Bennett 1 st ✓ 5:43.0 77-88 -91-87 | 400 Relay 0 Mark Dropped baton Chastity Wilson 14.3 | Discus (4) Mark Melanie Warning 4 th ✓ 90'9" | Triple Jump Mark |
| Keri Avehart 3 rd / 13.5 - 13.21 | Jackie Daake 5 th ✓ 6:19.13 83-97-102-97.2 | Tammi Carlson 13.0 Keri Avehart 13.0 Sarah Nuttelman ^{Dropped} Baton | Diana Donnoe 7 th finals 86'1" | |
| Joy Mattson 14.6 | | Sarah Nuttelman 40.3 3 legs | Holly Peterson 78'9" | |
| 200 (10) Mark Sarah Nuttelman 1 st / 27.6 - 27.3 | 3200 (12) Mark Kristi Bennett 2 nd ✓ 12:17.5 83-92-94-95 (6:04.0) | 1600 Relay (10) Mark 4:14.2 - 1 st Keri Avehart 62.4 ✓ | Javelin Mark | Pole Vault Mark |
| Joy Mattson SCRATCH | 96-95-95-87.4 (6:13.5) Jackie Daake 4 th ✓ 13:37.5 86-100-106-106 (6:38.0) | Tammi Carlson 66.1 ✓ Chastity Wilson 64.0 ✓ Sarah Nuttelman 61.7 ✓ | | |
| | 106-106-110-97.4 (6:59.5) | | | |
| 400 (6) Mark Chastity Wilson 3 rd / 31.1 - 61.13 | 300 Low Hurdles (8) Mark Keri Avehart 2 nd ✓ 23.1 - 47.9 SCHOOL RECORD | 3200 Relay (8) Mark NONE | High Jump Mark NONE | Mark Champion 97 points |
| | Tammi Carlson Scratch | | | |
| 800 (10) Mark Chastity Wilson 1 st / 68 - 2:25.6 | 100 High Hurdles (2) Mark Tammi Carlson 5 th ✓ 17.9 - 17.9 | Shot Put (5) Mark Diana Donnoe 4 th ✓ 31'11" | Long Jump (2) Mark Jeanna Boggs 5 th ✓ 13'11 1/2" | Mark |
| Jessica Norton 75 - 2:42.7 | | Shelly Bielser 6 th ✓ 31'1" | | |
| | | Melanie Warning 28'4 1/2" | | |

GIRLS HOME TEAM RESULTS FOR DISTRICT 0-10 MEET 1989

| 100 | (12) Mark | 1600 (10) Mark | 400 Relay (4) Mark | Discus (6) Mark | Triple Jump Mark | |
|-----------------|--------------------------------|---------------------------------|----------------------------------|---------------------------|------------------|---------------------------|
| Sarah Nuttelman | 2 nd 12.8 - 12.4 | Jennifer Kubik | 5:54.8 82-94-96-82.8 | 52.4 - 4 th | Diana Donnoe | 3 rd 110'2" |
| Keri Arehart | 4 th 12.9 - 12.8 | Kristi Bennett | 5:58.3 82-94-96-86.3 | Chastity Wilson ✓ | Melanie Warning | 93'4" (finals) |
| Joy Mattson | 14.0 | Gina Kuck | 6:30.2 83-97-104-106.2 | Tammi Carlson ✓ | Holly Peterson | 83'6" |
| | | | | Sarah Nuttelman ✓ | | |
| 200 | (8) Mark | 3200 (8) Mark | 1600 Relay (10) Mark | Javelin Mark | Pole Vault Mark | |
| Sarah Nuttelman | 2 nd 28.4 - 28.1 | Kristi Bennett | 12:40.2 85-96-97-101 (6:19.0) | 4:15.7 - 1 st | | |
| | | | 95-101-100-83.2 (6:20.8) | Keri Arehart | | |
| | | | Jackie Drake | 63.9 | | |
| | | | 14:43.1 | Tammi Carlson | | |
| | | | 85-100-111-113 (6:49.0) | 66.9 | | |
| | | | 121-122-121-109.1 (7:53.9) | Chastity Wilson | | |
| | | | | 63.2 | | |
| | | | | Sarah Nuttelman | | |
| | | | | 61.7 | | |
| 400 | (4) Mark | 300 Hurdles (8) Mark | 3200 Relay (6) Mark | High Jump 0 Mark | _____ Mark | |
| Chastity Wilson | 4 th -62.2 | Keri Arehart | 2 nd 49.5 | 10:46.6 - 3 rd | NONE | |
| | | | | Kristi Bennett | | Runnerup |
| | | | | 75-2:40.8 | | 86 points |
| | | | | Jessica Norton | | |
| | | | | 75-2:43.1 | | |
| | | | | Gina Kuck | | |
| | | | | 74-2:47.5 | | |
| | | | | Jennifer Kubik | | |
| | | | | 78-2:35.9 | | |
| 800 | (10) Mark | 100 High Hurdles (0) Mark | Shot Put 0 Mark | Long Jump (0) Mark | _____ Mark | |
| Chastity Wilson | 1 st 67-2:23.8 | Tammi Carlson | 17.8 - fell | Diana Donnoe | Jeanna Boggs | 13'5/4" |
| Jessica Norton | 75-2:45.0 | | | 29'11 1/2" | Joy Mattson | 12'10" |
| | | | | Shelly Bielser | | |
| | | | | 29'5 3/4" | | |
| | | | | Melanie Warning | | |
| | | | | 28'5" | | |

GIRLS HOME TEAM RESULTS FOR (1989 STATE MEET

| 100 | Mark | Mile | Mark | Relay | Mark | Discus | Mark | Triple Jump | Mark |
|--|--------|------------------------|-------------------|----------|-----------|------------|------|-------------|------|
| Sarah Nuttelman | | | | | | | | | |
| 12.97 | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| 200 | ① Mark | 3200 ④ Mark | 1600 Relay ④ Mark | Javelin | Mark | Pole Vault | Mark | | |
| (School Record) | | | | | | | | | |
| Sarah Nuttelman 6 th Kristi Bennett 4 th 4:08.74 - 4 th | | | | | | | | | |
| 26.98 - 26.46 12:15.25 Keri Arehart 62.2 | | | | | | | | | |
| Tammi Carlson 64.8 | | | | | | | | | |
| Chastity Wilson 60.9 | | | | | | | | | |
| Sarah Nuttelman 60.84 | | | | | | | | | |
| | | | | | | | | | |
| 440 | Mark | 300 Low Hurdles ④ Mark | Relay | Mark | High Jump | Mark | Mark | | |
| (ties school record) | | | | | | | | | |
| Keri Arehart 4 th | | | | | | | | | |
| 47.90 - 48.02 | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| 800 | ④ Mark | High Hurdles | Mark | Shot Put | Mark | Long Jump | Mark | | |
| (School Record) | | | | | | | | | |
| Chastity Wilson 4 th | | | | | | | | | |
| 62.0 - 2:19.63 | | | | | | | | | |
| | | | | | | | | | |
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